

Douglas Directives Cardiovascular Health Protocol

A Suggested Nutrition Protocol for Cardiovascular Health*

C.V. Support Formula™:

Synergistic and comprehensive combination of vitamins, minerals, enzymes, herbals, and other nutrients, specifically designed to support the healthy structure and function of the cardiovascular system.

Product Code: 4550

Suggested Usage: 2 tablets twice daily with meals

Opti-EPA™:

Enteric-coated softgel from molecularly-distilled marine fish oil, providing enriched levels of eicosapentaenoic acid and docosahexaenoic acid.

Product Code: 99276

Suggested Usage: 2 softgels daily

Tri-En-All 400:

Contains natural-source mixed tocopherols with a minimum guaranteed amount of the d-beta, d-gamma and d-delta tocopherols, as well as additional mixed tocotrienols. Studies have shown that these natural isomers have synergistic effects in conjunction with the more commonly used d-alpha-tocopherol.

Product Code: 98738

Suggested Usage: 1 softgel daily

CoQmelt®:

This revolutionary new product supplies naturally-fermented coenzyme Q10 in a delicious and natural, orange-flavored fast melting tablet. Available in 60, 100, and 300 mg. dosages. Numerous studies indicate coenzyme Q10 also plays an important role in the maintenance of the entire cardiovascular system.

Product Code: 98671 (60 mg.)
98555 (100 mg.)
99129 (300 mg.)

Suggested Usage: 100 – 300 mg. daily

Nattosyn™:

A synergistic combination of nattokinase, hesperidin methyl chalcone, and pomegranate extract designed to provide comprehensive support for circulatory health.

Product Code: 99250

Suggested Usage: 2 vegetarian capsules daily with meals

For added antioxidant and cholesterol support:

Cardio-Edge™:

A combination of plant sterols, Sytrinol™ (a proprietary blend of polymethoxylated citrus flavones and tocotrienols from palm), and pomegranate extract formulated to support reductions in total cholesterol, LDL and triglycerides.* In human clinical studies involving hypercholesterolemic subjects: four weeks of supplementing with a daily dose of 300 mg. of Sytrinol resulted in average reductions of total cholesterol by 20-24%, average reductions of LDL cholesterol by 19-22%, and average reductions of triglycerides by 24-28%.*

Product Code: 99134

Suggested Usage: 4 capsules daily

(See reverse side for additional products)

*Statements within have not been evaluated by the FDA. Products are not intended to diagnose, treat, cure or prevent any disease.



Thea-Stat®:

A unique, patent-pending tea extract clinically studied in humans and shown to significantly lower total and LDL-cholesterol. Thea-Stat is standardized to 20% theaflavins and 40% catechins.

Product Code: 98737

Suggested Usage: 1 softgel daily

FruiTEA-Max™:

A unique blend of white tea, apple, pomegranate, and blueberry extracts yielding an ORAC value of approximately 7,000 units per serving (the antioxidant equivalent to 8-11 servings of fruits and vegetables).

Product Code: 99000

Suggested Usage: 2 vegetarian capsules daily

Complete cardiovascular support:

Ultra Cardio Support Pack:

A comprehensive dietary supplementation program designed to provide the essential nutrients needed for optimum cardiovascular support. Each convenient daily pack provides: four Ultra Preventive® X multivitamin tablets, one CoQmelt® 100 mg. coenzyme Q10 fast-melt tablet, one Thea-Stat® tea extract softgel, two Opti-DHA enteric-coated essential fatty acid softgels, one Tri-En-All 400 comprehensive vitamin E softgel, and one Max-Carnitine capsule.

Product Code: 63059

Suggested Usage: 1 packet daily

