

Douglas Directives

Eye Health Protocol

A Suggested Nutritional Protocol for Support of Eye Health*

Ultra Preventive® X:

A comprehensive multivitamin in a fruit and vegetable base. Supplies substantial amounts of lutein, lycopene, and zeaxanthin. Designed to provide antioxidants and vitamins for maximum support.

Product Code: 45410

Suggested Usage: 4-8 tablets taken through the course of the day with meals

Lutein (6 mg):

Provides natural-source lutein which has been shown to be beneficial for eye health, especially for those with problems related to macular degeneration.

Product Code: LUT

Suggested Usage: 1 softgel daily

Opti-DHA™:

Enteric-coated softgel containing a novel ratio of omega-3 fatty acids from molecularly-distilled fish oil. Opti-DHA contains a high ratio DHA to EPA. DHA is critical for proper eye health.

Product Code: 98531

Suggested Usage: 2 softgels daily

OcuTone®:

A supplement designed with targeted antioxidants for eye health, including bilberry extract, grape seed extract, taurine, lutein and more.

Product Code: OCU

Suggested Usage: 1 capsule daily

Additional Eye Support Formulas:

MD Eye Support (Smoker's Formula):

A comprehensive formula containing important antioxidant nutrients such as: vitamin C, vitamin E, taurine, N-acetyl-cysteine, lutein, and zeaxanthin which work together to help maintain the health of the macula and the overall well-being of the eye.* MD Eye Support also contains important eye-supportive minerals including: zinc, copper, manganese, and selenium.*

Product Code: 99272

Suggested Usage: 2 tablets daily

MD Eye Support Beta (Non-smoker's Formula):

Same formula as the MD Eye Support with the addition of 25,000 I.U. of Vitamin A per two tablets. Research has shown that individuals who smoke may have increased health risks when supplementing with beta-carotene.*

Product Code: 99271

Suggested Usage: 2 tablets daily

MD Dry Eye Support Pack:

Dry eye syndrome is a relatively common eye problem that is experienced by as many as 10 million americans and is characterized by an itchy, irritated, and burning sensation that can also be accompanied by blurred vision. Research has shown that essential fatty acids can play a role in helping to decrease the symptoms associated with dry eye. Dry Eye Support Pack contains organic, cold-pressed flax seed oil and ultra-refined, molecularly-distilled fish oil.

Product Code: 63213

Suggested Usage: 1 pack daily

*Statements within have not been evaluated by the FDA. Products are not intended to diagnose, treat, cure or prevent any disease.

