

## Douglas

### Directives **Glucose Support Protocol**

A Suggested Protocol for Glucose Support\*

#### **Gluko-Support Formula:**

A synergistic and comprehensive combination of vitamins, minerals, herbals, and other nutrients carefully formulated and specifically designed to offer nutritional support for healthy glucose metabolism.

**Product Code:** 84075

**Suggested Usage:** 2 tablets twice daily with meals

#### **GlukoBrium™:**

Recently, cinnamon, a well-known spice and flavoring, has been gaining attention for its role in supporting the body's metabolism of glucose.\* In one study, patients given cinnamon showed significant decreases in fasting glucose, triglycerides and cholesterol.\* Another study has indicated that cinnamon may be a strong potentiator of insulin.\* Each GlukoBrium vegetarian capsule contains a synergistic combination of *Gymnema sylvestre*, fenugreek and cinnamon extracts formulated to support healthy blood sugar metabolism.\*

**Product Code:** 99155

**Suggested Usage:** 1 to 2 vegetarian capsules daily

#### **Ultra Lipoic Forte:**

Three capsules provide 1,000 mg. of pure Alpha-Lipoic Acid per day. Alpha-Lipoic Acid is a non-vitamin coenzyme that carries out important metabolic and antioxidant functions in the body. The lipoic acid in this product is of the highest quality available and of Italian origin.

**Product Code:** 83005

**Suggested Usage:** 1 capsule three times daily

#### **Mag-Tea G:**

Magnesium citrate and a combination of green and white tea extracts in a pleasant-tasting natural lemon juice flavored powder.

**Product Code:** 57126

**Suggested Usage:** 1 teaspoon daily

#### **Glucoset®:**

Contains a complementary blend of thiamin, biotin, chromium, alpha-lipoic acid, N-acetyl-L-cysteine, and standardized *Gymnema sylvestre* leaf extract for targeted nutritional support of glucose metabolism.\*

**Product Code:** GST

**Suggested Usage:** 2 vegetarian capsules daily

### **Complete glucose support:**

#### **Met-A-Syn™ X-Pack:**

A synergistic combination of vitamins, minerals, phytosterols, coenzyme Q10, and other phytonutrients designed to support healthy metabolic processes especially as they relate to supporting cardiovascular health and maintaining normal glucose levels.\* Each packet contains: two Ultra Preventive® X multivitamin tablets, two Nature's Diet Caps™ + Herbs capsules, one CoQmelt® 60 mg. natural coenzyme Q10 fast-melt tablet, two Cardio-Edge™ Sytrinol™, plant sterols, and pomegranate vegetarian capsules, and two GlukoBrium™ gymnema, fenugreek, and cinnamon extract vegetarian capsules.

**Product Code:** 99249

**Suggested Usage:** 1 packet daily

\*Statements within have not been evaluated by the FDA. Products are not intended to diagnose, treat, cure or prevent any disease.

