

## Douglas

### Directives **Intestinal Health Protocol**

A Suggested Nutritional Protocol for Intestinal Health\*

#### **G.F.S.-2000™ Capsules:**

A green food supplement that supplies valuable phytonutrients and digestive-friendly probiotic cultures.

**Product Code:** 7704

**Suggested Usage:** Two capsules with each meal

#### **Natursyl Capsules:**

Contains a unique blend of ingredients, including citrus pectin and psyllium seed powder designed to aid the gastrointestinal system in digestion.

**Product Code:** 7596

**Suggested Usage:** One rounded teaspoon three times daily, thoroughly mixed in eight ounces of water, followed by a second glass of water. It is recommended that the patient drink at least eight glasses of water a day while taking this supplement. This supplement can also be taken in juices such as tomato or prune.

**Please note:** It may be helpful to reduce the dosage to ½ teaspoon three times a day for the first two weeks of taking this product

#### **Multi-Probiotic 4000:**

This product contains a synergistic blend of beneficial probiotic bacteria to supplement the intestinal system with natural healthy flora

**Product Code:** 7497

**Suggested Usage:** Two capsules daily

#### **Intestamine® Capsules:**

A combination of glutamine, dietary fiber and N-acetyl-D-Glucosamine designed to support the health of the intestine and provide nutrients to intestinal cells.

**Product Code:** INT-C

**Suggested Usage:** 2 capsules, 3 times daily

\*Statements within have not been evaluated by the FDA. Products are not intended to diagnose, treat, cure or prevent any disease.

